

**CAB Conference Call
February 24, 2022
12:00 ET
Meeting Minutes**

Participants:

Andrea	Jacobi Medical Center
Eduardo	Harvard T.H. Chan School of Public Health
Exzavia	Children's Diagnostic and Treatment Center
Falon	University of Colorado, Denver
Karim	Westat
Kim	Texas Children's Hospital
Kylie	Texas Children's Hospital
Lesley	Texas Children's Hospital
Marianna	FSTRF
Megan	Westat
Raiko	University of Colorado, Denver
Veronica	University of California, San Diego

• **APPROVAL OF MINUTES**

The minutes from the January call were approved with no changes.

• **SELF-CARE SPACE**

Megan explained that this agenda item is where CAB members can share their self-care activities. Examples include breathing exercises and stretches. Some CAB members shared their self-care activities. Some of the activities mentioned were going to the gym and positive thinking. **Kim** shared about how she recently learned about visualizing bad experiences and erasing them. Then, replace the bad experiences with positive thoughts.

• **UPCOMING MEETINGS**

Megan talked about the upcoming PHACS meetings:

- Spring 2022 PHACS Meeting
 - Virtual
 - Scheduled for May 17-19, 2022
 - Around 3-4 hours per day
 - Open to all PHACS members
 - Additional details will be shared with the CAB members

- Fall 2022 PHACS Meeting
 - Virtual
 - There will be a CAB retreat around the time of the virtual Fall 2022 PHACS Meeting
 - PHACS Leadership will announce plans for a virtual Fall 2022 PHACS Meeting (including attendees) later this year

- Spring 2023 PHACS meeting
 - In person
 - May 2023
 - Open to all PHACS members
 - There will be an in-person CAB Retreat before the meeting

- **HECC UPDATES**

Megan provided the HECC updates

- Emerging Research Pilot Proposals
 - HECC reviewed the proposals
 - Program is designed to support research that was not included in the original PHACS grant
 - Five (5) proposals submitted
 - Every proposal had one (1) HECC reviewer
 - Scientific Leadership Committee will decide which proposal(s) will be funded
- 40th anniversary website
 - **Mandy** is working with the website.
 - It started as a website for the 40th anniversary. Now, it will be a space for all the HECC media, including reflections on the 40th anniversary
- PHACS website banners
 - **Mandy** is finalizing the website banners
 - Website will have a consistent theme
- Maternal Stress Notice of Special Interest
 - HECC working with PHACS definition for structural racism. It will be developed from lived experiences of PHACS community members.
 - **Kim** and **Raiko** helped lead an ESC meeting where they presented about the process so far. At the meeting, there was a discussion about:
 - Process to define structural racism
 - Importance of the definition
 - Next steps
- There is a capsule review in progress. **Megan** will provide feedback at the next meeting.

- **PHACS CAB NEWSLETTER, JANUARY 2022 EDITION**

Megan presented the January CAB newsletter. The theme was “Feeding the whole body”. She encouraged everyone to view the newsletter on the PHACS website. A Spanish version was uploaded this week. **Kim** suggested to ask people what words they used in the Mad Lib for the Spanish and English versions. **Megan** said this activity could be used for the self-care session.

Veronica suggested to create a workshop during a CAB call for people to submit their ideas for the newsletter. **Megan** agreed it is a great strategy. In fact, many of the ideas for the January newsletter came from discussions in CAB calls and the CAB retreat. May and June CAB calls will have a session to discuss ideas for the July newsletter.

• **PHACS CAB RECRUITMENT**

Megan met with Mandy and Claire to discuss the next steps and timeline. They will start developing materials for sites. The CAB members will be asked to provide feedback about the materials.

Exzavia mentioned some ideas for CAB recruitment at sites:

- Meet with participants in their first study visit
- Put materials in the room where the participants are treated
- Explain the purpose of the CAB
- Explain the time commitment

Megan pointed that PHACS CAB members do not necessarily have to be part of a site CAB.

NOTE: The next CAB call will be March 24, 2022 at 12:00 PM ET.